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# BEFORE AND WHILE YOU ARRIVE TO OUR DORMITORIES

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**1. Follow the website for all important information**

**2. Let us know about your arrival day.** Inform the dormitory or the central reservation office via email about your arrival date at: [accommodation@kam.cuni.cz](mailto:accommodation@kam.cuni.cz) or at [koleje.bounce@kam.cuni.cz](mailto:koleje.bounce@kam.cuni.cz)

**3. BEFORE YOU TRAVEL, FILL OUT A FORM FOR HYGIENIC STATION ?** [www.prijezdovyformular.cz](http://www.prijezdovyformular.cz)

**4. If arriving from high risk covid countries, you will be placed into a quarantine at your dormitory.** More information [here](#)

**5. Prepare for at least 5 day quarantine at your dormitory.** You won't be able to move around the dormitory or leave the room while quarantine.

**6. Dormitory may deliver food or other necessary amenities to your room.**

You may order the food or other amenities online:

<https://nakup.itesco.cz>

<https://www.kosik.cz>

<https://www.rohlik.cz>

ready cooked food

<https://www.damejidlo.cz/en>

<https://wolt.com/>

Delivery will be delivered to your dormitory room door.

**7. Do not leave your room while quarantine.**

**8. Here you may find places where you may get your PCR test** [test centers](#)

**9. Wear face mask.** Students arriving from high risk countries are obligated to wear respirator FFP2

**10. In case of any health problems call 155.**

**11. In case of any questions or any queries, please contact us at [koleje.bounce@kam.cuni.cz](mailto:koleje.bounce@kam.cuni.cz) or at [accommodation@kam.cuni.cz](mailto:accommodation@kam.cuni.cz)**